

Rules & Regulations

51st ANNUAL COLGATE WOMEN'S GAMES

Registration Day #1 and all competition is held at The Nike Track & Field Center at The Armory, New York, NY. Registration Day #2 is held at The Pratt Institute Student Union Building, Brooklyn, NY. Participants should only attend one of the two Registration Days. It is not necessary to come to both. All participants are invited to compete in both preliminary meets. Point-scorers from the preliminaries are eligible to compete in the semi-finals to earn a spot in the finals. Participation is free – there is no entry fee to participate and no admission charge to attend. Colgate-Palmolive Company covers all costs.

Awards will be given for places 1 through 6 in each preliminary meet, the semi-finals, and finals. Educational scholarships will be awarded for each divisional event to the top three competitors who earn the greatest number of points for all meets combined. Competitors may compete in any two events in the preliminaries, but in only one of these events in the semi-finals and finals. Competitors are encouraged to participate in all preliminary meets to accumulate the most points towards an educational scholarship. Every competitor receives a complimentary competitor's t-shirt, a family care package with Colgate-Palmolive health and hygiene products, and a commemorative ribbon for participation.

All school-age participants must be enrolled and attending school. Records may be required upon request. All finalists will be required to submit an essay of 150 words or less to the Meet Director to be eligible for an educational scholarship.

USATF SANCTIONING & COMPETITION STANDARDS

Colgate Women's Games Season 51 is officially sanctioned by USA Track & Field (USATF). All meets are conducted in accordance with USATF competition rules and SafeSport guidelines. Eligible performances achieved at CWG 51 may be submitted for official national rankings, record consideration, and qualifying standards for championship and other competitions.

1. Competition in the Elementary A, Elementary B, Middle School, and High School Division is open to girls in grades 1 to 12. The College/Open Division is open to female college students and non-students under 30 years old. The 30's Plus Division is open to women 30 years old and over. *(See Rule 9. for additional details on 30's Plus Division eligibility and event options.)*

2. The divisions and events of competition are as follows:

ELEMENTARY SCHOOL DIVISION A 55-meter dash 200-meter dash 400-meter dash 800-meter run High jump	**ELEMENTARY SCHOOL DIVISION B** 55-meter dash 55-meter hurdles 200-meter dash 400-meter dash 800-meter run High jump
MIDDLE SCHOOL DIVISION 55-meter dash 55-meter hurdles 200-meter dash 400-meter dash 800-meter run 1500-meter run High jump Shot put	**HIGH SCHOOL DIVISION** 55-meter dash 55-meter hurdles 200-meter dash 400-meter dash 800-meter run 1500-meter run High jump Shot put
COLLEGE OPEN DIVISION 55-meter dash 55-meter hurdles 200-meter dash 400-meter dash 800-meter run 1500-meter run High jump Shot put	**30's PLUS DIVISION** 200-meter dash 1500-meter run (Note: 30's Plus athletes may also enter College/Open events not listed above. See Rule 9.)

HURDLES SPECIFICATIONS:

DIVISIONS: Elementary B, Middle School	**DIVISIONS: High School, College/Open**
Height: 30″ Distance from start to first hurdle: 12 meters Distance between hurdles: 7.5 meters Distance from last hurdle to finish: 13 meters Total number of hurdles: 5	Height: 33″ Distance from start to first hurdle: 13 meters Distance between hurdles: 8.5 meters Distance from last hurdle to finish: 8 meters Total number of hurdles: 5

SHOT PUT SPECIFICATIONS:

DIVISIONS:
Middle School: 6 lbs High School, College/Open: 4 Kilos (8.8 lbs)

3. There are two preliminary meets, a semi-finals, and the finals. All competitors are eligible and encouraged to participate in both preliminary meets to accumulate the most points possible to advance to the semi-finals and qualify for the finals.

4. A competitor may enter any two events in each of the preliminary meets. The event(s) selected on the entry form may be changed at the preliminary meets. Points scored in one event may not be totaled with points scored in another. However, a competitor may only compete in one event – the same one – in the semi-finals and finals. Thus, if a competitor scores points to qualify for the semi-finals in each event she enters, she must choose only one in which to compete in the semi-finals and finals.

5. Elementary A competitors (enrolled in 1st through 3rd grades) may only compete in that division for four years.

6. Elementary B competitors (enrolled in 4th through 5th grades) may only compete in that division for three years.

7. Middle School competitors (enrolled in 6th through 8th grades) may only compete in that division for four years.

8. High School competitors (enrolled in 9th through 12th grades) may only compete in that division for five years.

9. All other competitors who are not attending school in the 1st through 12th grades as listed above, irrespective of age or school affiliation, must compete in the College/Open Division (if under 30 years old) or 30's Plus Division (if 30 years old or over).

- The 30's Plus Division is open to women 30 years old and over. 30's Plus athletes may compete in 30's Plus Division events and/or in College/Open Division events not offered in the 30's Plus Division. A maximum of two events may be entered at each preliminary meet, irrespective of division. 30's Plus athletes must register for the 30's Plus Division and wear the t-shirt (color) assigned to 30's Plus competitors, irrespective of the event(s) in which they compete. Points earned by a 30's Plus athlete in a College/Open event will count directly toward that event's College/Open standings.

10. Through the preliminary meets, points are to be scored for places 1 through 12 in each event as follows:

First Place	13 points
Second Place	11 points
Third Place	10 points
Fourth Place	9 points
Fifth Place	8 points
Sixth Place	7 points
Seventh Place	6 points
Eighth Place	5 points
Ninth Place	4 points
Tenth Place	3 points
Eleventh Place	2 points
Twelfth Place	1 point

All running events are contested as finals based on time. Point-scorers will be determined after all sections (heats) of an event are completed and performances are ranked.

11. All point-scorers in each event at the end of the preliminary meets are eligible to compete in their respective event in the semi-finals and must submit a Declaration Form.

Points are to be scored for places 1 through 6 in each event in the semi-finals as follows:

First Place	15 points
Second Place	10 points
Third Place	8 points
Fourth Place	6 points
Fifth Place	4 points
Sixth Place	2 points

12. A Declaration Form is required for point-scorers only. Competitors who have scored points in one or more events will advance to the semi-finals in one event only **and** must submit a Declaration Form to indicate their event and intention to compete in the semi-finals. Declaration Forms are available at the preliminary meets and must be submitted by the conclusion of Preliminary Meet #2.

Declaration Forms may not be changed once submitted and will not be accepted by mail, email, text message or fax. Point-scorers who fail to submit a Declaration Form by the deadline, forfeit the right to choose their preferred event if they have points in multiple events. In such cases, the seeding committee will place the non-declaring point-scorer in an event at its discretion.

13. After the semi-finals, the top six point-scorers in each event will be eligible to compete in the finals.

14. Points are to be scored for places 1 through 6 in each event in the finals as follows:

First Place	20 points
Second Place	10 points
Third Place	8 points
Fourth Place	6 points
Fifth Place	4 points
Sixth Place	2 points

15. After the final meet, points scored by a competitor in a single event will be totaled (i.e., points scored in the event by the competitor in all preliminary meets, the semi-finals, and the finals will be added together). The competitor who has the greatest total score in any one event (the most points earned in the event in the preliminaries, semi-finals, and finals), will receive an educational scholarship of $2,000. The competitor with the second-most points in each event in each division will receive an educational scholarship of $1,000 and the third-most points in each event in each division will receive an educational scholarship of $500. The funds will be paid by Colgate-Palmolive Company to an accredited institution of learning for the academic, vocational, or professional education of each winner. The institution will be designated by the recipient. The scholarship is not transferable by the recipient and may be used only for her individual education, except for Open and 30's+ recipients, who may transfer it to a designee that is closely related (e.g., daughter, granddaughter, or niece).

16. In case of a points tie at the finals, the higher trophy will be given to the athlete with the better performance at the finals.

17. If two or more competitors tie for total accumulated points across the series at the conclusion of the Finals, each tied athlete eligible for a scholarship will receive the full dollar value for that place (e.g., if two competitors tie for 1st place in overall points, each will receive the full $2,000 scholarship award).

18. All decisions regarding eligibility and awards will be made by the Meet Director, Ms. Toussaint.

19. Any competitor found competing in the wrong school division shall be disqualified from the competition at any stage in the competition that such infraction is determined.

20. If a competitor proceeds through the finals of the competition and it is subsequently determined that she has competed in the wrong school division, all awards and scholarships are automatically revoked.

21. Awards will be given for places 1 through 6 in the preliminary meets, semi-finals, and finals.

22. All protests must be in writing and handed to the Meet Director and Referee, Ms. Toussaint, within 30 minutes after the event in question has concluded.

23. Judges' decisions are final.

24. Sanctioning & Governing Rules
Colgate Women's Games Season 51 is officially sanctioned by USA Track & Field (USATF).

- **Competition Rules**: Events will be contested and officiated pursuant to USATF competition rules, subject to specific CWG event structures and divisional guidelines outlined herein.
- **SafeSport & Compliance**: All athletes, coaches, officials, and volunteers are subject to the jurisdiction and policies of the U.S. Center for SafeSport and USATF Minor Athlete Abuse Prevention Policies (MAAPP).

ACCEPTABLE FOOTWEAR:
Running flats, sneakers, and shoes without hard plastic bottoms or spikes may be worn at the Preliminary Meets. Spike shoes with ¼" pyramid spikes may be worn at the Semi Finals and Finals only.

SPECIAL AWARDS
Most Improved Competitor Trophy
Most Promising Newcomer Trophy
Outstanding Competitor at the Preliminaries and Semi-Finals Trophy
Outstanding Competitor at the Finals Trophy

TERMS AND CONDITIONS

By entering into the following events in the Annual Colgate Women's Games and in consideration of your acceptance of the submitted entry I warrant that (1) I have been examined by a physician and have been given permission to compete in competitive athletics and (2) I am physically sound to compete. I hereby, for myself, my heirs, executors and administrators and assignees, waive any and all claims which I may have against Colgate-Palmolive Company, The Armory Foundation, The Nike Track & Field Center at The Armory, Pratt Institute, USA Track & Field, Inc., or any of these entities' owners, partners, or sponsors arising out of or in connection with my participation or attendance at said meets. I hereby authorize Colgate-Palmolive Company, the Armory Foundation, and those authorized by Colgate-Palmolive Company to use and reproduce my picture(s), photograph(s), likeness(es), image(s), voice, persona and name worldwide in all forms and media for all uses, non-commercial, and commercial (such as publicity and advertising), without limit as to time or frequency and to quote me in such use. I hereby waive (1) any right to inspect or approve such use or reproduction, (2) any right to compensation for such use or reproduction, (3) any claim to any intangible rights, including without limitation, the right of publicity or copyright that I may hold in any tangible medium of expression incorporating any image created by Colgate-Palmolive Company or the Armory Foundation and (4) any and all claims which I may have arising out of or in connection with such use or reproduction. I further authorize Colgate-Palmolive Company to process the information I have provided, including my picture(s), photograph(s), likeness(es), image(s), voice, persona and name as referenced above, in accordance with its Global Privacy Policy.